



Proposed National League Structure 2017-2018

Premiership

1. Ebbw Vale RFC
2. Pontypridd RFC
3. Llandovery RFC
4. Cross Keys RFC
5. Aberavon RFC
6. Newport RFC
7. Bedwas RFC
8. Llanelli RFC
9. Cardiff RFC
10. Bridgend RFC
11. Carmarthen RFC
12. Neath RFC
13. Merthyr RFC
14. Swansea RFC
15. Bargoed RFC
16. RGC1404

Championship

1. Pontypool RFC
2. Beddau RFC
3. Cardiff Met RFC
4. Tata Steel RFC
5. Narberth RFC
6. Newcastle Emlyn RFC
7. Newbridge RFC
8. Glynneath RFC
9. Rhydyfelin RFC
10. Skewen RFC
11. Trebanos RFC/Kidwelly RFC
12. Bedlinog RFC



1 East

1. Dowlais RFC
2. Penallta RFC
3. Ynysybwl RFC
4. Brynmawr RFC
5. Blaenavon RFC
6. Nelson RFC
7. Brecon RFC
8. Risca RFC
9. Pontypool United RFC
10. Croesyceiliog RFC
11. Abertillery BG RFC
12. Caerleon RFC

2 East

1. Blackwood RFC
2. Ynysddu RFC
3. Pill Harriers RFC
4. Cwmbran RFC
5. Hartridge RFC
6. Caerphilly RFC
7. Garndiffaith RFC
8. Nantyglo RFC
9. Talywain RFC
10. Senghenydd RFC
11. Abercarn RFC
12. Caldicot RFC

3 East A

1. Fleur De Lys RFC
2. Chepstow RFC
3. Oakdale RFC
4. Abertysswg RFC
5. Monmouth RFC
6. RTB Ebbw Vale RFC
7. Blackwood Stars RFC
8. Tredegar Ironsides RFC
9. Newport HSOB RFC
10. Machen RFC
11. Abergavenny RFC
12. Usk RFC

3 East B

1. New Tredegar RFC
2. Rogerstone RFC
3. Hafodyrynys RFC
4. Aberbargoed RFC
5. Brynithel RFC
6. Markham RFC
7. Rhymney RFC
8. Blaina RFC
9. Deri RFC
10. Llanhilleth RFC
11. St Julians HSOB RFC

3 East C

1. West Mon RFC
2. Trinant RFC
3. Trefil RFC
4. Crumlin RFC
5. Whiteheads RFC
6. Tredegar RFC
7. New Panteg RFC
8. Beaufort RFC
9. Malpas RFC
10. Crickhowell RFC
11. Forgeside RFC

3 East D

1. Cwmcarn Utd RFC
2. Old Tylerian RFC
3. Abersychan Alexanders RFC
4. Rhayader RFC
5. Cefn Fforest RFC
6. Girling RFC
7. Tref y Clawdd RFC
8. Pontllanfraith RFC
9. Bettws RFC
10. Hollybush RFC
11. Newport Saracens RFC



1 East Central

1. Llanharan RFC
2. Ystrad Rhondda RFC
3. St Josephs RFC
4. Rumney RFC
5. Rhiwbina RFC
6. Heol y Cyw RFC
7. Treorchy RFC
8. Llantrisant RFC
9. Mountain Ash RFC
10. Dinas Powys RFC
11. Porth Quins RFC
12. Glamorgan Wanderers RFC

2 East Central

1. Llanishen RFC
2. Gilfach Goch RFC
3. Barry RFC
4. Llantwit Fardre RFC
5. St Peter RFC
6. Cardiff Quins RFC
7. Clwb Rygbi Cymry Caerdydd
8. Penarth RFC
9. Cambrian Welfare RFC
10. Abercynon RFC
11. Aberdare RFC
12. Cilfynydd RFC

3 East Central A

1. Penygraig RFC
2. Gwernyfed RFC
3. Old Illtydians RFC
4. Pontyclun RFC
5. Treharris RFC
6. Pentyrch RFC
7. Cefn Coed RFC
8. Llandaff RFC
9. Fairwater RFC
10. Llandaff North RFC
11. Taffs Well RFC
12. Abercwmboi RFC

3 East Central B

1. Llantwit Major RFC
2. Wattstown RFC
3. Tylorstown RFC
4. Canton RFC
5. Cowbridge RFC
6. Ynysowen RFC
7. Treherbert RFC
8. Caerau Ely RFC
9. Hirwaun RFC
10. Tonyrefail RFC
11. Old Penarthians RFC
12. Ferndale RFC

3 East Central C – One additional team

1. Llandrindod Wells RFC
2. Cardiff Saracens RFC
3. St. Albans RFC
4. Sully Sports RFC
5. Tongwynlais RFC
6. Cathays RFC
7. Glyncoch RFC
8. Llanrumney RFC
9. Whitchurch RFC
10. Cardiff Internationals RFC
11. Brackla RFC



1 West Central

1. Bridgend Athletic RFC
2. Ammanford RFC
3. Trebanos RFC/Waunarlwydd RFC
4. Seven Sisters RFC
5. Bonymaen RFC
6. Maesteg RFC
7. Maesteg Quins RFC
8. Ystalyfera RFC
9. Kenfig Hill RFC
10. Resolven RFC
11. Aberavon Quins RFC
12. Tondy RFC

2 West Central

1. Cwmavon RFC
2. Pencoed RFC
3. Brynamman RFC
4. Penlan RFC
5. Ystradgynlais RFC
6. Nantyffyllon RFC
7. Nantymoel RFC
8. Maesteg Celtic RFC
9. Taibach RFC
10. Cwmgors RFC
11. Builth Wells RFC
12. Morryston RFC

3 West Central A –one additional team

1. Neath Athletic RFC
2. Swansea Uplands RFC
3. Aberavon Green Stars RFC
4. Bryncoch RFC
5. Pyle RFC
6. Abercraze RFC
7. Porthcawl RFC
8. Bridgend Sports RFC
9. Pontycymer RFC
10. Birchgrove RFC
11. Glais RFC
12. Briton Ferry RFC

3 West Central B – two additional teams

1. Alltwen RFC
2. Cefn Cribbwr RFC
3. Bryncethin RFC
4. Pontrhydyfen RFC
5. Ogmores Vale RFC
6. Banwen RFC
7. Tonmawr RFC
8. Vardre RFC
9. Crynant RFC
10. Baglan RFC
11. Glyncorwg RFC
12. Rhigos RFC

3 West Central C – one additional team

1. Tonna RFC
2. Pontardawe RFC
3. Cwmllynfell RFC
4. Cwmtwrch RFC
5. South Gower RFC
6. Fall Bay RFC
7. Cwmgwrach RFC
8. Pantyffynnon RFC
9. Furnace United RFC
10. Cefneithin RFC
11. Pontyates RFC
12. Ferryside RFC



1 West

1. Waunarlwydd RFC/Kidwelly RFC
2. Dunvant RFC
3. Felinfoel RFC
4. Gorseinon RFC
5. Crymych RFC
6. Llangennech RFC
7. Gowerton RFC
8. Llanelli Wdrs RFC
9. Tycroes RFC
10. Tenby United RFC
11. Aberystwyth RFC
12. Penclawdd RFC

2 West – one additional team

1. Loughor RFC
2. Whitland RFC
3. Pontyberem RFC
4. Mumbles RFC
5. Fishguard & Goodwick RFC
6. Llanybydder RFC
7. Hendy RFC
8. Carmarthen Athletic RFC
9. Pontarddulais RFC
10. Amman United RFC
11. Tumble RFC
12. St. Clears RFC

3 West A – two additional teams

1. Tregaron RFC
2. Cardigan RFC
3. Milford Haven RFC
4. Pembroke RFC
5. Laugharne RFC
6. Pembroke Dock Quins RFC
7. Neyland RFC
8. Haverfordwest RFC
9. St Davids RFC
10. Llangwm RFC
11. Aberaeron RFC
12. Llansawel RFC

3 West B – two additional teams

1. Llandybie RFC
2. Lampeter Town RFC
3. Burry Port RFC
4. Trimsaran RFC
5. Betws RFC
6. Nantgaredig RFC
7. Llandeilo RFC
8. Penybanc RFC
9. Llangadog RFC
10. New Dock Stars RFC
11. Bynea RFC
12. Penygroes RFC

3 West C

*Clubs Redistributed



1 North

1. Pwllheli RFC
2. Nant Conwy RFC
3. Caernarfon RFC
4. Bala RFC
5. Llandudno RFC
6. Mold RFC
7. Bro Ffestiniog RFC
8. Bethesda RFC
9. Colwyn Bay RFC
10. Ruthin RFC
11. Llangefni RFC
12. Dolgellau RFC

2 North

1. COBRA RFC
2. Abergele RFC
3. CR Dinbich
4. Shotton Steel RFC
5. Llangollen RFC
6. Wrexham RFC
7. Llanidloes RFC
8. Harlech RFC
9. Rhyl RFC
10. Welshpool RFC
11. Newtown RFC
12. Bangor RFC

3 North

1. Benllech RFC
2. Menai Bridge RFC
3. Machynlleth RFC
4. Flint RFC
5. Holyhead RFC
6. Rhosllanerchrugog RFC
7. **TBC** - Pwllheli 2nd XV RFC
8. **TBC** - Nant Conwy 2nd XV RFC
9. **TBC** - Mold 2nd XV RFC
10. **TBC** - CR Dinbich 2nd XV