



The Online Welsh Rugby Championship has been devised and created by All Wales Sport Ltd.

The Online Welsh Rugby Championship

by Ian Davies - chief Rugby writer

Grand Finals Day Round-Up

Whitland are the inaugural Cup winners, defeating Cardiff Met Ladies 29-25 in a breath taking Cup final at Cae Carwyn James, Cefneithin.

Centre Nico Setaro had a big say in the victory, kicking a first half penalty and then converting his own try at a time when the result could have gone either way. He also converted a try from left wing Sean Coles.

At half-time it was 17-8 in favour of Whitland, who were awarded two penalty tries for twice pulling back right wing Alex Pickersgill.

On another day and Cardiff Met Ladies could well have won it, but they have the consolation of taking away £100 in prize money. Whitland win £200.

The Plate winners are Aberaeron, who beat Abercarn 20-10 in another well contested online final.

After conceding an early penalty to trail 3-0 inside the first five minutes, Aberaeron hit back to dominate the rest of the half to lead 13-3 at the break.

The seashiders took control with tries from hooker Oliver Wozencroft, full-back Rhodri Thomas, and replacement John Skyrme. The reward awaiting Aberaeron is £140, while Abercarn get £80.

And the Bowl winners are Rhydyfelin, who came from behind to defeat Tycroes 20-12 in another entertaining final.

But it was Tycroes who delivered the first blow, making their early pressure count to go 7-0 ahead in the 13th minute. With the last play of the first half, Dale Green crossed to reduce the deficit to 7-5.

Three minutes into the second half and Rhydyfelin were ahead for the first time thanks to the boot of Dai Gratton who kicked a penalty to make it 8-7. Captain Kieran Phillips grabbed a try to stretch the advantage eight minutes later, before Levi Knowles touched down under the posts to seal a memorable victory. The effort was converted by Gratton to secure for Rhydyfelin a cash prize of £100, while Tycroes received £50.

Thanks to everyone for supporting our competitions.